

Sri Aurobindo Studies

Objective: To learn the life and works of Sri Aurobindo in order to understand his notion of the role of body in attaining consciousness and to appropriate this idea for the better understanding of his works.

Outcome: The scholar is able to comprehend Sri Aurobindo in a better way and is able to apply his suggestion of Body – Consciousness to modify Somaesthetics or to learn the creative application of modified Somaesthetics using Sri Aurobindo's Body – Consciousness.

Unit I

Renaissance in India : The Spiritual Intellectual and Vital Rebirth of the Nation Conceived by Sri Aurobindo

Unit II

Biographical Works on Sri Aurobindo: The Different Perceptions about Sri Aurobindo by a Variety of Biographers.

Unit III

Synthesis of Yoga: The Spiritual Exercises of Sri Aurobindo Collected as the Journey towards Consciousness.

Unit IV

Body and Consciousness: Reading the Future Poetry as the Descent of the Spirit into the Body of Words – the Case of Mantra poetry

Unit V

Savitri: The Creative Demonstration of the Body – Consciousness Dichotomy.

References :

- Satprem. *Sri Aurobindo ; Or the Adventure of Consciousness*. New York : Institute for Evolutionary Research, 1984. Print.
- Srinvasa Iyengar, K.R. . , *Sri Aurobindo : A Biography and a History*, Pondicherry : Sri Aurobindo International center of Education, 1985. Print.
- Purani, Ambalal Balakrishna. *The Life of Sri Aurobindo*, Pondicherry: Sri Aurobindo Ashram, 1981. Print.
- Ghosh, Aurobindo. *Renaissance in India*, Pondicherry : Sri Aurobindo Ashram, 1971. Print.
- Ghosh, Aurobindo. *Savitri* ,Pondicherry : Sri Aurobindo Ashram, 1970. Print.
- Ghosh, Aurobindo. *Synthesis of Yoga* , Pondicherry : Sri Aurobindo Ashram, 1971. Print.
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